



English

1. Stand and sing of Zambia, proud  
and free,  
Land of work and joy in unity,  
Victors in the struggle for the right,  
We have won freedom's fight.  
All one, strong and free

2. Africa is our own motherland,  
Fashion'd with and blessed by God's  
good hand,  
Let us all her people join as one,  
Brothers under the sun.  
All one, strong and free

3. One land and one nation is our cry,  
Dignity and peace 'neath Zambia's  
sky,  
Like our noble eagle in its flight,  
Zambia, praise to thee.  
All one, strong and free

CHORUS:

Praise be to God. (Praise be, praise  
be, praise be,)

Bless our great nation, (Zambia,  
Zambia, Zambia)

Free men we stand

Under the flag of our land.

Zambia, praise to thee!

All one, strong and free





## Bemba

1. Lumbanyeni Zambia, no kwanga,  
Ne cilumba twange tuumfwane,  
Mpalume sha bulwi twa cine,  
Twaliilubula.  
Twikatane bonse.

2. Bonse tuli bana ba Africa,  
Uwasenaminwa na Lesa,  
Nomba bonse twendele pamo,  
Twaliilubula.  
Twikatane bonse.

3. Fwe lukuta lwa Zambia lonse,  
Twikatane tubyo mutende,  
Pamo nga lubambe mu mulu,  
Lumbanyeni Zambia.  
Twikatane bonse.

### CHORUS:

Lumbanyeni, (Lesa, Lesa, wesu,)  
Apale calo, (Zambia, Zambia,  
Zambia.)  
Fwe bantungwa  
Mu luunga lwa calo.  
Lumbanyeni Zambia.  
Twikatane bonse.

